

Know The Signs and Get Support

NEURODEVELOPMENTAL DISABILITIES

DID YOU KNOW?

Neurodevelopmental disorders are conditions that disrupt the normal development of the brain and nervous system.

The government offers support for children with NDDs through programs such as Supplemental Security Income (SSI) and Individuals with Disabilities Education Act (IDEA).

With the right support, children with neurodevelopmental disabilities can thrive and grow as happy, independent individuals.



Ages 1 month - 1 year

In the first year your child should develop early motor, cognitive and communication skills.

Development milestones include:

Calms down when spoken to
Lifts arms to be picked up
Waving “bye-bye”
Calling parents mama or dada



Ages 1 year- 5 years

Your child will make significant gains in motor, cognitive, and communication skills and develop independence.

Development milestones include:

Begins to walk on their own
Uses more gestures like pointing
Says name when asked
Uses short sentences and phrases



Ages 5 years and older

Children will develop values, hobbies, and relationships. They will grow from preteens, to teens, to adolescents.

Development milestones include:

Counting to 10
Tying shoestrings
Dressing themselves alone
Engaging in hobbies

Make sure you are keeping track

If you want to ensure that your child's development is going well, knowing some of the developmental milestones help. There are many more milestones and not all children develop the same. If you want to track your child and their development you can use the **CDC's milestones tracker app**.



Autism Spectrum Disorder (ASD)

ASD impacts the way people interact, communicate, and behave with other

Early Signs of ASD include:

Not responding to their name
Delayed Speech
Avoiding Eye Contact



Specific Learning Disorders (SLD)

SLDs impact the way a child can learn in areas of reading, writing, and math.

Learning Disorders include:

Dyslexia
Dysgraphia
Dyscalculia



Attention Deficit-Hyperactivity Disorder (ADHD)

ADHD causes difficulties with focusing on task, staying still, and controlling their actions

Early Signs of ADHD include:

Patterns of inattention
Impulsive behavior
Persistent Hyperactivity

Get the help!

If you have concerns about your child's development, are looking for help with your child, need family support, or want access to resources available scan the QR code to get in contact with the **Eastern Los Angeles Family Resource Center** team.

Scan Here!

