

## ABSTRACT

This leadership project delivered a comprehensive webinar for parents and caregivers of children with intellectual disabilities to enhance understanding of available therapy services. Recognizing the emotional and practical challenges families face when determining appropriate therapies, the webinar addressed therapeutic support options, when they may be needed, what to expect from each respective service, caregiver involvement, and how to access services. The audience included caregivers navigating therapy decisions following their child's diagnosis. The project incorporated family-centered principles by emphasizing caregivers as essential therapy partners and acknowledging emotional impacts on entire families. Person-centered approaches focused on individualized therapy selection based on each child's unique needs rather than diagnostic labels. DEI perspectives were integrated through cultural considerations in therapy selection, and resources for families across socioeconomic circumstances. The webinar aimed to empower families with knowledge that prevents developmental limitations by facilitating timely, appropriate interventions.