

CA-LEND Leadership Project Final Presentation

**Outreach training, and dissemination associated with
Community-based Transition Program for Youth and
Young Adults with ID/DD**

Project Team

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ABSTRACT

The transition from adolescence to adulthood can be a challenging period for anyone, but for individuals with intellectual and developmental disabilities (IDD), it often presents unique obstacles and uncertainties.

The "Transition Summit III" is aimed at empowering individuals with IDD to navigate various life transitions with confidence and resilience. Sessions will explore topics such as:

- Self-advocacy
- Independent living skills
- Employment opportunities
- Fostering independence and self-determination.

ABSTRACT

Facilitated by experienced professionals in the field of disability services, the summit will create a safe and inclusive space for individuals with IDD to learn, share experiences, and develop essential skills for successful transitions into adulthood.

By promoting self-advocacy, empowerment, and holistic well-being, this summit aims to enhance the quality of life and foster greater independence for individuals with IDD as they navigate life's transitions.

Project Plain Language Summary

The “Transitions Summit III” is for people with IDD to feel more confident and strong as they face different life changes. We'll have talks about standing up for yourself, living on your own, and finding jobs. The talks will give practical tips and help for people with IDD, so they can be more independent and in charge of their lives.

Purpose & Goals of Leadership Project

- **Project Type/ Domain**
Policy, Continuing Education (CE)
- **Anticipated Leadership Project *Product***
Virtual Transition Summit III
- **Intended Audience**
Parents, Family Members, Self-Advocates, Health Care Professionals, Community-based Service Providers
- **Proposed Impact**
To enhance the knowledge and skills of the audience as it pertains to the content provided on the transfer of care to adult-focused providers and transition to adulthood.

Project Plan

- **November-December: REDCap Survey developed and distributed**
- **December-January: Review survey results**
- **February-April: Selection of Topics, Resource list for distribution**

Summit will now take place in August instead of May

- **May-June: Reach out to speakers; obtain PowerPoint slides; continue with logistical arrangements; set up registration;**
- **June-July: Finalize speaker, finalize interpreters**
- **August: Host Transition Summit III; send out REDCap evaluations; upload Transition Summit III on UCEDD website**

CDCynergy Model for Health Communication

Please provide an overview/plans for phases 1-6 of the CDCynergy Model and include an image of cyclic process or image of model

Phase One: Host the third annual Virtual Transition Summit III

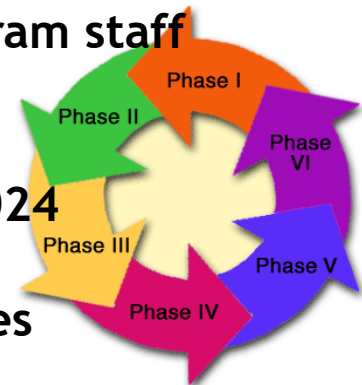
Phase Two: Conducted needs assessment with UCEDD Community-based Transition Program Advisory Committee and individuals who had registered for Transition Summits I and II using REDCap survey (n=56).

Phase Three: Data collected has been analyzed and presented today

Phase Four: Will review data and determine with program staff Topics and speakers for Transition Summit III

Phase Five: Transition Summit III planned for August 2024

Phase Six: REDCap survey to be distributed to attendees



Brief Rationale and/or Background for Project/ Product

- Health care transition(HCT) planning for youth and young adults with ID/DD is in the early stages of model development and practice.
- HCT planning requires guidelines for transfer of care and providing resources for education, employment, rehabilitation, service agency referrals, and self/family centered services and supports.
- The Transition Summit is a forum to reach the community interested in learning more about optimizing health care transitions.
- This year it will once again be held virtually which will allow a greater number of attendees.

Professional Day June 3, 2022

9AM-2PM

9:00AM-9:05AM Welcome

9:05AM-9:50AM Transition Begins Early

Cecily Betz, PhD, Director of Research, USC UCEDD CHLA

Yvette Baptiste, PhD, Executive Director, Eastern Los Angeles Family Resource Center

9:50AM-10:00AM Break

10:00AM-10:45AM Independent Living Panel

CALIFE; Keith Miller, Program Director

Self-Advocacy; Patrick Schattilly, ELARC, Consumer Advocate

10:45AM-11:30AM Educational Transition Resources

Christine Jackson, Coordinator II Specialized Services, LACOE

Jose Hernandez, Transition Teacher Coordinator, LAUSD District Office of Transition

Services Nicole Douglas, Specialist, Adult Transition, LAUSD Adult Transition Programs

11:30AM-12:15PM Lunch Break

12:15PM-1:00PM Employment Panel

Maria Iriarte, Senior Attorney, Disability Rights California

Robert Loeun, Regional Director, Inland Empire District, Department of Rehabilitation

George De La Loza, Employment Specialist, Eastern Los Angeles Regional Center

1:00PM- 1:15PM Break

1:15PM-1:45PM Alternatives to Conservatorship

Maria Iriarte, Senior Attorney, Disability Rights California

1:45PM- 2:00PM Closing Remarks

Family Day June 4, 2022

9AM-2PM

9:00AM-9:05AM Welcome

9:05AM-9:50AM Transition Begins Early

Crystal Smith, Program Manager, McClaney Family Resource Center, SCLARC

Lorena Eaton, Parent Navigator, USC UCEDD CHLA

9:50AM-10:00AM Break

10:00AM-10:45AM Independent Living Panel

CALIFE; Brigitte Wallman, Aging and Disability Resource Connection Advocate

In-Home Support Services; Lorena Eaton, Parent Navigator, USC UCEDD CHLA

10:45AM-11:30AM Employment Panel

Maria Iriarte, Senior Attorney, Disability Rights California

Michael Locklear, Regional Business Specialist, Department of Rehabilitation

George De La Loza, Employment Specialist, Eastern Los Angeles Regional Center

11:30AM-12:15PM Lunch Break

12:15PM-1:00PM Alternatives to Conservatorship

Maria Iriarte, Senior Attorney, Disability Rights California

1:00PM- 1:15PM Break

1:15PM-1:45PM Educational Transition Resources

Christine Jackson, Coordinator II Specialized Services, LACOE

Jose Hernandez, Transition Teacher Coordinator, LAUSD District Office of Transition Services

Nicole Douglas, Specialist, Adult Transition, LAUSD Adult Transition Programs

1:45PM- 2:00PM Closing Remarks

Transition Summit II

Friday May 19, 2023

Presentations Focused On:

Health Equity & Promoting Health Literacy
Health Passports & Locating Adult
Providers
Healthcare Experiences of Adults with IDD

Health Related Accommodations:
Education, Training, and Employment

SSI/ Legal Status and Access/Eligibility to
Resources

*Live Stream
Event*

*Live
Interpretation*

Partial Funding Provided By WITH
Foundation

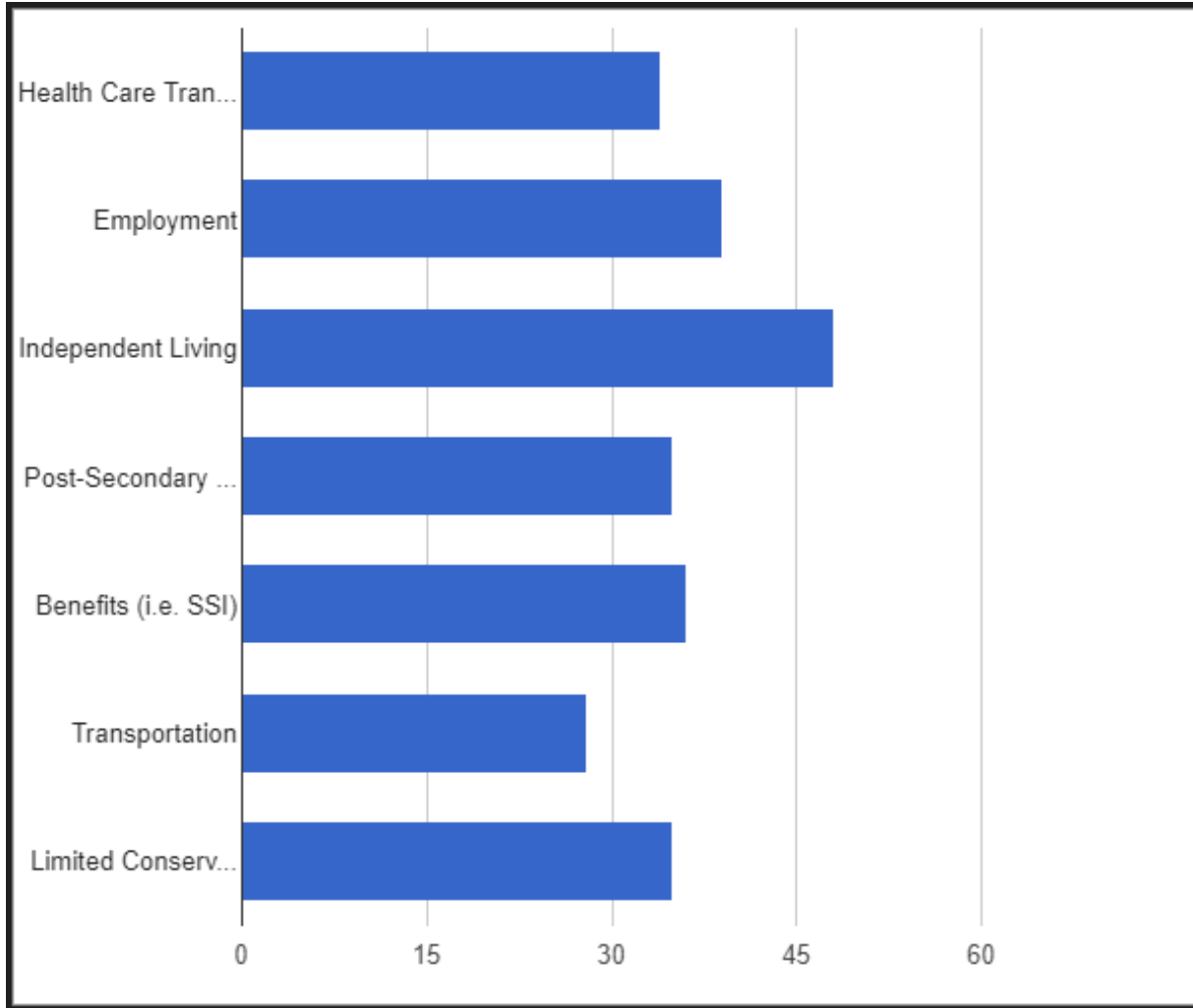
Alignment with LEND Values

- Plan for Family- Person- Centered Perspective
Survey conducted with ID/DD community (n=56)
Project and survey ideas consulted with Suzanne Paggi (Self Advocate)
- Plan for Interdisciplinary Perspective
Invited Speakers will be experts from diverse areas of health care transition
- Plan for Health Equity Perspective
Interpretative services will be provided

Community (Title V) Agency Interface

California Children Services (CCS) involved with planning efforts and community outreach. CCS will help distribute the information and flyer to all the population it serves.

Survey Results



Healthy Transitions Survey Results

- Access to Services
- Specialized Programs and Services
- Employment
- Education
- Housing
- Health and Well-being
- Legal and Rights
- Parental Support
- Community Engagement
- Event Feedback

Resources (Websites)

- <https://www.easterseals.com/southernca/programs-and-services/young-adult-services/>
- <https://specialneedsresourcefoundationofsandiego.com/resource-category/transition-to-adult>
- <https://www.yai.org/who-we-are>
- <https://www.php.com/transition-to-adulthood/>
- <https://health.ucdavis.edu/mind-institute/resources/adulthood>
- <https://www.gottransition.org/>
- <https://www.pacer.org/about/howpacerhelps.asp>
- <https://stepagency.com/who-we-are/vision-mission-and-values/>

Website Summaries

Young Adult Services

[\(https://www.easterseals.com/southernca/programs-and-services/young-adult-services/\)](https://www.easterseals.com/southernca/programs-and-services/young-adult-services/) Young Adult Services Program supports young adults with developmental, physical, and cognitive disabilities with their transition to adulthood through specific programs to gain independence and become members of society. Programs include Adult Day Services, Autism Services, Easterseals Camp, Living options, and Peer-to-Peer Social Groups. This collaborative program will allow individuals to gain daily living and social skills, engage in community activities, and have access to support services and opportunities.

Services for Families with a loved one with disability - how to make the right choices for them (<https://www.pacer.org/about/howpacerhelps.asp>)

PACER is a program that assists parents and professionals in the decision-making process for their child with a disability. This program offers multiple resources and workshops to help understand the care coordination process that is right for their child or young adult.

Transition Advisory Meeting

- Date changed from May- Decision to host virtual summit in August when community is getting ready to go back to school
- Survey results discussed with team- Independent living, employment, and peer navigator programs were the hot topics
- Team decided to highlight peer navigators and present their experiences. Very empowering to see the peer navigators working and thriving which will motivate others to seek these opportunities

Transition Advisory Meeting

- Communities Actively Living Independent & Free (CALIF) gave overview of their independent living services- interested in participating in summit
- Team will continue to plan upcoming summit

Lessons Learned & Next Steps

- **Challenge- Getting survey completed to start the planning phase with entire summit planning committee**
- **Challenge- Summit postponed to August 2024**
- **Survey feedback is essential in selecting topics**
- **Planning phase takes time- several meetings are needed to coordinate with community and agency sponsors**
- **Next steps: Planning committee will recruit speakers, send out flyer with registration details, finalize agenda, speakers, and interpreters**

Questions for the Audience/ Invitation for Feedback

Acknowledgments

Thank you, Dr. Cecily Betz for your guidance and mentorship.

Suzanne Paggi your input has been invaluable. Thank you!

Sources

Betz, C. L. (2023). Health care transition planning for adolescents and emerging adults with intellectual disabilities and developmental disabilities: Distinctions and challenges. *Journal for Specialists in Pediatric Nursing*, 28, e12415. <https://doi.org/10.1111/jspn.12415>

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<https://sites.google.com/site/healthcaretransition/>