

CA-LEND Leadership Project

Stein Tikun Olam Early Connections Program: 0-3 Parent Education Materials

Project Team

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ABSTRACT

The purpose of this project was to create a handout on play that will be made accessible to all caregivers of children ages 0 to 3 as a part of the CHLA Stein Tikun Olam Early Connections Program. The Stein Tikun Olam Early Connections Program is a comprehensive, hospital-wide, interdisciplinary program that advances health equity, promotes early relational health, and mitigates adverse childhood experiences that impacts long-term health and wellness into adulthood. This handout will inform parents of the benefits of play and play strategies that promote caregiver-child relationships and young children's development. To ensure that the product was family-centered, accessible, and inclusive of different motor and speech and language abilities, the product was created in consultation with a caregiver, speech language pathologist, occupational therapist, and multiple additional infant mental health psychologists.

Project Plain Language Summary

We've created a clear, easy-to-read handout about the power of play for young children (ages 0-3). It outlines simple, everyday strategies that support development while helping families build strong, loving connections. Developed with feedback from parents, a speech-language pathologist, an occupational therapist, and multiple psychologists specialized in early childhood, this guide is inclusive of different abilities. Inside, you'll find practical tips to make playtime fun and to help your child grow.